

# CROPTHORNE FARM CSA 2012

## What is Community Supported Agriculture?

A CSA is model of agriculture in which members pay up front for a share of the coming year's harvest. Members receive a weekly box of produce throughout the growing season. By paying up front, members help farmers by providing them with early season cash flow and with a guaranteed market. Members benefit by receiving fresh, local and nutritious produce and gain an understanding of where their food comes from and how it is grown. Members who pick up from the farm will have the option to use the 'swap box' where they can switch an item in their box for a more desirable one.



Each week, starting early June and finishing late October (exact dates weather dependent), you will receive \$25 worth of fresh seasonal produce.

We grow over thirty different types of vegetables. We try to add something new every week and will provide recipes for less common produce.

### Example Boxes:

OR

A bag of mixed salad greens	1lb of zucchini
One bunch of radishes	1lb of beans
1 lb of peas	1 melon
One head of broccoli	1 head of lettuce
One bunch of kale	One bunch of carrots
One savoy cabbage	2lb of potatoes
One bunch of beets	1lb of tomatoes
One head of lettuce	1lb of cucumbers
One bunch of scallions	Two red onions

## The Benefits of a CSA

- You can put a face to your food. Direct connection between the you and the farmers.
- Expand your culinary horizons and try things that you typically wouldn't buy.
- Taste! Everything is fresh, in season and at its peak.
- You support the local economy. Your membership keeps your food dollars in the community.
- You support local, small scale, sustainable agriculture.
- Your food miles are reduced and you are contributing to regional food security.
- You can come visit the farm and get your hands dirty... if you want to!



## Cost & Distribution

The cost is \$500 for twenty weeks of delicious, in season and local produce, with each week's box worth \$25. For an additional \$110 a dozen farm fresh eggs can be added to your box every week. There is also a biweekly egg share for \$55. Please note that there are a limited number of egg shares available.

Pickup will be at the farm on Tuesdays or at one of the markets we attend in Metro Vancouver.

If you cannot make your weekly pickup we recommend sending a friend or family member to pick it up for you. We cannot reimburse members for missed weeks, as we allocate resources accordingly.

# CROPTHORNE FARM



Mail cheque to: Crophorne Farm  
3310 41B St  
Delta BC  
V4K 3N2

By enrolling in the Crophorne Farm CSA I agree that I:

- Am making a financial commitment to support the 2012 CSA growing season. Because farming involves risks, consistent quantities of harvest cannot always be guaranteed, but I can also reap the benefits of bountiful harvests.
- Am responsible for picking up my share at the designated time and location.

\_\_\_\_\_  
Signature & Date

## REFUNDS

We cannot provide refunds for a member's share unless there is someone on the waitlist who is willing to take it over.



## Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Circle preferred contact method

Email          Phone

### I'm interested in purchasing a:

20 week CSA share \$500

### Add-ons:

20 week egg share \$110

10 week (biweekly) egg share \$55

An initial deposit of \$100 is due to hold your spot. Full payment is due on or before April 1<sup>st</sup> 2012.

Please add a \$15 bin deposit to your total. This fee will be reimbursed at season's end.



Crophorne farm is a small farm located in Ladner. Although not certified, we grow organically. We believe in supplying fresh, seasonal and local food direct to the consumer. We sell our bounty at farmers markets throughout the Lower Mainland and through our CSA. The farm is run primarily by sisters Lydia and Rachel, but

they get great support from their family who have been actively farming for over forty years.

Lydia has always had a passion for farming. She obtained a BSc in Agriculture out on the Prairies and after a few years of working on various farms throughout BC and Alberta, she moved home to start her own farm. Lydia is a strong advocate for farmland preservation. She is a director for the Delta Farmers Institute and is a member of Delta's Agricultural Advisory Committee.

Rachel has the eye for detail. She is raising her young family of future farmers on the farm and loves having them play and learn alongside her. When not working she enjoys nurturing her creative side, hiking and cooking.



**Phone: 604-910-5803**

**Email: [crophornefarm@gmail.com](mailto:crophornefarm@gmail.com)**

**Web: [crophornefarm.wordpress.com](http://crophornefarm.wordpress.com)**

**Mailing Address: 3310 41B St  
Delta BC V4K 3N2**



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## CROPTHORNE FARM CSA 2012

Crophorne Farm  
Farm Share Application 2012